



Summary of State of Florida Task Force Recommendations on Limited Re-Opening of Long Term Care and Assisted Living Facilities

DEFINITIONS: Color Key: Applicable to □ Essential Caregivers □ Compassionate Care Visitors □ Applicable to both EC and CC

Essential Caregivers	Provide assistance with activities of daily living (ADLs) to help maintain or improve the quality of care or quality of life of a facility Resident. <ul style="list-style-type: none"> Care or service provided by the essential caregiver is included in the Resident’s Plan of Care. Activities of Daily Living include bathing, dressing and eating, and/or emotional support.
Compassionate Care Visitors	Intended to provide emotional support to help a resident face a hard situation, e.g. <i>End of life; major upset; difficult transition or loss.</i>

Task Force Policies Based on Caregiver Designation

Task Force Policies for:	Essential Caregivers (“EC”)	Compassionate Care Visitors (“CC”)
Restrictions on Visitation	None - unless the resident is quarantined or if the resident is positive for COVID-19 or symptomatic.	None – allowed on a limited basis as an exception to restricted visitation
Caregiver tasks allowed at the facility	Assistance with activities of daily living (ADLs) to help maintain or improve the quality of care or quality of life of a facility resident. ADLs include bathing, dressing, and eating, and/or emotional support.	Intended to provide emotional support to help a resident face a difficult situation, <i>for example – end of life, major upset, difficult transition or loss.</i>
Documentation Required	Care or service provided by the essential caregiver is documented in the Resident’s Plan of Care.	
FACILITY REQUIREMENTS		
Policies and Procedures	Establish policies and procedures for how to designate and utilize an EC and allow CC visits; exception – allowed for end of life situation	
Roster of EC	Identify those who provided EC before the pandemic or have asked to provide since; consult with resident or representative for consent.	
Resident to Designate EC & CC Visitors	Allow resident to designate two (2) ECs and CCs. Allow no more than one EC or CC per visit.	
Limit on Visitors	Facility shall set a limit on the total number of visitors allowed in the facility based on the ability of staff to safely screen and monitor visitation.	
Visitation Schedule/Rules	<ul style="list-style-type: none"> Develop a schedule – work with resident and EC/CC to define an agreeable schedule. Allow evening and weekend visits to accommodate work or childcare barriers. Maintain Visitor Log for signing in and out. Facility may restrict or revoke admission if the EC/CC fails to follow infection prevention and control requirements or other COVID-19 related rules of the facility after attempts to mitigate concerns. 	
Infection Control Training	Facility will designate key staff to support infection control and provide such infection prevention and control training to the Essential and Compassionate Caregivers, including proper PPE use, hand hygiene and social distancing.	
CAREGIVER REQUIREMENTS		
PPE	<ul style="list-style-type: none"> Wear a surgical mask and other PPE as appropriate for care provider. Be trained on infection prevention and control, use of PPE, masks, hand sanitization and social distancing. (Key staff will be designated to support infection control). Sign acknowledgement and adhere to training 	
	PPE for EC should be consistent with CDC guidance for health care workers.	
Testing and Symptoms	<ul style="list-style-type: none"> Comply with facility provided COVID-19 testing if offered. Facility use of testing must be based on current CDC and FDA guidance. EC/CC must inform facility if they develop fever or symptoms consistent with COVID-19 within 14 days of visit. 	
While in the Facility	<ul style="list-style-type: none"> Provide care or visit in the resident’s room, or in facility-designated areas within the building. Maintain social distance of at least 6 feet with staff and other residents. Limit movement in the facility. 	



Catholic Health Services

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GENERAL VISITATION

FACILITY REQUIREMENTS for initiation of General Visitation	<ul style="list-style-type: none"> • 14 Days with no new facility onset of resident OR staff COVID-19 cases, excluding dedicated units/wings accepting COVID-19 cases from the community. • Sufficient Staff to support the management of visitors. • Adequate PPE. • Adequate cleaning / disinfecting supplies. • Referral hospitals in the community have capacity.
Policies and Procedures	<ul style="list-style-type: none"> • Schedule visitors by appointment and monitor for adherence to proper use of masks and social distancing. • Notify residents, representatives and recurring visitors of any changes in visitation policy. • Continue visitor screening, i.e. temperature checks and symptom/exposure screening questions. • Designate key staff to support infection control education of visitors including use of masks, proper hand hygiene, social distancing and visitation policies. • Facility may perform testing based on current CDC and FDA guidance. • Maintain a Visitor Log for signing in and out • Spaces must be cleaned and disinfected between visitors and contain handwashing or sanitation stations.
Visitors and Visits	<ul style="list-style-type: none"> • Visitors must be 18 years or older. • Allow residents to designate up to five (5) visitors. • Facility shall limit the number of visitors per resident to no more than two (2) per visit. • Facility shall set a limit on the total number of visitors allowed in the facility based on the ability of staff to safely screen and monitor visitation. • Facility shall limit the length of visits, day, hours, number of visits per week. • Restrict visitation for any resident in isolation for suspected COVID within the facility.
Indoor / Outdoor Visitations	<ul style="list-style-type: none"> • Facilities can create indoor visitation spaces for residents in a room that is not accessible by other residents OR in the resident’s private room if the resident is bedbound and cannot leave their room. • Outdoor visitation is strongly encouraged. • Facilities can create outdoor visitation spaces for residents that are protected from weather elements such as porches, courtyards, patios or other covered areas. • Protection from heat and sun is essential. Cooling devices may be required to maintain safe temperatures.
VISITOR REQUIREMENTS	<ul style="list-style-type: none"> • Infection Control – Properly wear a face mask and perform hand hygiene. • Policy Consent – Sign a consent form noting understanding of visitation policies. • Fever/Symptoms – Inform the facility if they develop a fever or symptoms consistent with COVID-19 within 14 days of a visit. • While in Facility – Visit in the resident’s room or facility-designated areas. Maintain social distance of at least 6 feet with staff and residents. Limit movement in the facility • Exception to Social Distancing – A visitor may be closer than 6 feet to the resident they are visiting if they comply with CDC PPE requirements for healthcare workers.